

Formal College Approved Activity (FCAA) – Local

List of Accredited Passive Academic/Professional Meetings / Workshops

Name of Activity	Credits	Rehab Credits
AADO Annual Congress/Workshop	8-A	3
AO Courses: Basic / Advanced / Spine / Hand	8-A	3
APOS & HKSH & UH Orthopaedic Clinical Meeting - Teleconference between HKSH and UH	2-A	1
Combined Meetings of CMC & KWH	2-A	1
Combined Meetings of DKCH & QMH	2-A	1
Combined Meetings of KWC	2-A	1
Combined Meetings of NDH & TMH	2-A	1
Combined Meetings of PWH & AHNH	1-A	
Combined Meetings of TKOH & UCH	2-A	1
CUHK-AADO Comprehensive Bioskill Course on Fracture Fixation	8-A	3
CUHK-Microsurgery Basic Course	10-A	5
HKCOS Annual Rehabilitation Symposium	8-A	8
HKCOS Specialty Day	4-A	2 (4 if on rehab)
HKOA Annual Congress	15-A	10
HKOA Scientific Workshops or Meetings	5-A	2 (5 if on rehab)
HKOA Sports Medicine Chapter Trimonthly Meetings	2-A	
HKSSH Annual Congress	8-A	3
Hong Kong Association of Sports Medicine & Sports Sciences Annual Workshop or Meeting	5-A	2
Hong Kong International Orthopaedic Forum	8-A	3
Inter-hospital Saturday Meeting	2-A	1 (2 if on rehab)
Regular Academic/Professional Meetings of the Association of Private Orthopaedic Surgeons	2-A	1

List of Accredited Passive Open Lectures

Name of Activity	Credits*	Rehab Credits
Invited speakers by HKOA & HKCOS	1-A	1
Open lecture given by External Examiners of the Universities and the Hong Kong College of Orthopaedic Surgeons	1-A	1
Visiting Lecture by HKU - MB Lee Lecture; SC Fong Lecture; Harry Fang Lecture; Tam Sai Kit Lecture; Yang Hsueh Chi Lecture	1-A	1
Wu Jieh Yee Lecture (CUHK)	1-A	1

* unless specified

List of Accredited Active Activities

Further to CME/CPD Fellow's Guides item 5.6 Active Participation:

Organizer	Quality Assurance and Mortality & Morbidity Meeting	Clinical/Surgical Review or Audit Meeting	Discharge Meeting	Pre-operative Meeting	X-ray Meeting	Mini-CPC	
AHNNH	✓	✓		✓	✓		
CMC			✓	✓	✓	✓	
KWH			✓	✓	✓		
NDH			✓	✓	✓		
PMH			✓	✓	✓	✓	
PWH						✓	
PYNEH						✓	✓
QEH			✓	✓	✓	✓	✓
QMH			✓	✓	✓	✓	✓
TKOH			✓	✓	✓	✓	✓
TMH			✓	✓	✓	✓	
UCH			✓	✓	✓	✓	
YCH			✓	✓	✓	✓	

** Should be submitted with detailed meeting report **

- Sharing the same principles as for Presenting in a FCAA, the lecturer/tutor in HKCOS Basic Orthopaedic Bioskill Workshop would be granted with 1 Cat A active point for teaching less than 15 minutes; 2 Cat A active points for more than 15 minutes; and maximum 3 Cat A active points for more than 30 minutes.

For table instructor, 1 Cat A active point would be granted for a half day workshop and 2 Cat A active points would be granted for a full day workshop.

- Tutors of Beijing Jishuitan Hospital Clinical Tutorial will be awarded with 3 Cat A active points for half day teaching and 6 Cat A active points for a full day teaching.
- Tutors of Preparatory Course for HKCOS Exit Examination will be awarded with 3 Cat A active points for half day teaching or more.
- For Instructor in Hands-on Workshop, 1 Cat A active point for half day instructing and 2 Cat A active points for full day instructing. Maximum 3 Cat A active points could be claimed in one single event. Sharing same principle, maximum 3 active points is also applicable to the event type like conference/meeting/workshop/seminar/symposium. (with effective date since 26 July 2013 upon College's receipt date)
- For Setting Examination Questions, every 3 questions accepted by the HKCOS Examination Committee and Hong Kong Intercollegiate Board of Surgical Colleges Membership Examination would be equivalent to 1 Cat A active point. This rule is apply to MCQ. For SAQ, 1 question accepted would be granted with 1 Cat A active point.

Formal College Approved Activity (FCAA) - Overseas

Name of Activity	Organizer	Credits	Rehab Credits
Arthroscopy Association of North America Master's Experience Course	AANA	8-A	4
American Academy of Orthopaedic Surgeons Annual Meeting	AAOS	15-A	10
Annual American Academy of Orthopaedic Surgeons Workers' Compensation and Musculoskeletal Injuries	AAOS	8-A	8
AO Course-Davos	AO	8-A	4
AO Specialty Course- Davos	AO	8-A	4
American Orthopaedic Association Meeting	AOA	8-A	4
ASEAN Orthopaedic Association Meeting	AOA	8-A	4
Australian Orthopaedic Association Annual Scientific Meeting	AOA	8-A	4
Asia Pacific Orthopaedic Association Main Congress	APOA	8-A	4
Asia Pacific Orthopaedic Association Sectional Meeting	APOA	8-A	4 (8 if on rehab)
Annual Educational Conference & Expo Academy of Spinal Cord Injury Professionals	ASCIP	8-A	8
American Spinal injury Association Annual Meeting	ASIA	8-A	8
Annual Meeting of American Society for Surgery of the Hand	ASSH	8-A	4
British Orthopaedic Association Annual Congress	BOA	8-A	4
Annual Current Concepts in Joint Replacement – Spring / Winter Meeting	CCI	8-A	4
Canadian Orthopaedic Association Annual Congress	COA	8-A	4
Chinese Orthopaedic Association Annual Meeting	COA	15-A	10
Chinese Speaking Orthopaedics Society Scientific Congress	CSOS	8-A	4
Annual Congress of Federation of European Societies for Surgery of the Hand	FESSH	8-A	4
Fragility Fracture Network Global Congress	FFN	8-A	8
International Federation of Sports Medicine & Asian Federation of Sports Medicine	FIMS/AFSM	8-A	4
IFSSH & APFSSH Congress	IFSSH/APFSSH	8-A	4
International Meeting on Advanced Spine Techniques, organised by SRS	IMAST	8-A	4
The International Osteoporosis Foundation (IOF) Regionals Asia-Pacific Osteoporosis Meeting	IOF	8-A	8
ISAKOS Annual Congress	ISAKOS	8-A	4
General Meeting of the International Society of Limb Salvage Meeting	ISOLS	8-A	4
World Congress of the International Society of Physical & Rehabilitation Medicine	ISPRM	8-A	8
The International Society for the Study of the Lumbar Spine	ISSLS	8-A	4
Japanese Orthopaedic Association Annual Congress	JOA	8-A	4
Annual Meeting of Japanese Society for Surgery of the Hand	JSSH	8-A	4
New Zealand Orthopaedic Association Annual Congress	NOA	8-A	4
The Orthopaedic Trauma Association Annual Meeting	OTA	8-A	4
SICOT Main Congress	SICOT	8-A	4
Scoliosis Research Society Annual General Meeting	SRS	8-A	4
World Congress of World Society for Reconstructive Microsurgery	WSRM	8-A	4

Non-Formal College Approved Activity (Non-FCAA)

Other activities not listed in the FCAA lists above might also be accredited with CME/CPD points upon individual applications. The application details please refer to the application forms for CME/CPD accreditation. Detailed list of activity please refer to the updated list of Accredited CME/CPD Activities on HKCOS web site by this link: <http://www.hkcos.org.hk/CME-activities.asp>.

Application for CME/CPD Accreditation

All Non-FCAA and the below listed active participations are required to submit written applications to the HKCOS CME/CPD Committee:

	Written Application
Non-FCAA	✓ (with program details)
Presenting/Chairing in FCAA	✓ (with summary content or collection/analysis of data)
Journal Study of Self Learning	✓ (with at least 100 words written comment and copy of abstract/summary of article)
Mortality and Morbidity Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Discharge Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Pre-operative Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
X-ray Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Mini-CPC	✓ (with written report and attendance record of a minimum of 4 Fellows)
Interactive Workshop	✓ (with program details)
Clinical Attachment	✓ (with written summary report submitted after the attachment)

Application forms may be obtained from the HKCOS web site:
<http://www.hkcos.org.hk/Forms.asp>.

List of Accredited Journals

1. Acta Orthopaedica Scandinavica
2. Acta Orthopaedica
3. Acta Orthopaedica Scandinavica
4. American Journal of Knee Surgery
5. American Journal of Occupational Therapy
6. American Journal of Sports Medicine
7. Annals of Hand and Upper Limb Surgery
8. Annals of Physical Medicine
9. Annals of the Rheumatic Diseases
10. APLAR Journal of Rheumatology
11. Archives of Orthopaedic and Trauma Surgery
12. Archives of Physical Medicine and Rehabilitation
13. Arthritis & Rheumatism : an official journal of the American College of Rheumatology. ,
Arthritis Care & Research
14. Arthritis and Rheumatism
15. Arthritis Care and Research
16. Arthritis Research
17. Arthritis Research & Therapy
18. Arthroscopy
19. Bone and Mineral
20. British Journal of Plastic Surgery
21. British Journal of Rheumatology
22. British Journal of Sports Medicine
23. Bulletin on the Rheumatic Diseases
24. Chinese Journal of Surgery (English)
25. Clinical Opinion in Orthopaedics
26. Clinical Orthopaedics
27. Clinical Orthopaedics and Related Research
28. Clinical Rehabilitation
29. Clinical Rheumatology
30. Clinical Sports Medicine: the journal of the International Association of Olympic Medical
Officers
31. Clinics in Podiatric Medicine and Surgery
32. Clinics in Sports Medicine
33. Contemporary Orthopaedics
34. Current Opinion in Orthopaedics
35. Current Opinion in Rheumatology
36. Current Orthopaedics
37. European Journal of Orthopaedic Surgery & Traumatology
38. European Spine Journal
39. Foot and Ankle
40. Foot and Ankle Clinics
41. Foot and Ankle International & Foot and Ankle Surgery
42. Foot and Ankle Surgery
43. Hand Clinics
44. Hand Surgery

45. Hong Kong Journal of Orthopaedic Surgery/Journal of Orthopaedics, Trauma and Rehabilitation
46. Hong Kong Medical Journal
47. Injury
48. International Journal of Rehabilitation and Health
49. International Orthopaedics
50. Journal ASEAN Orthopaedic Association
51. Journal of American Academy of Orthopaedic Surgeons
52. Journal of Arthroplasty
53. Journal of Biomechanics
54. Journal of Bone and Joint Surgery (American Volume)
55. Journal of Bone and Mineral Research
56. Journal of Children's Orthopaedics
57. Journal of Clinical Neuromuscular Disease
58. Journal of Clinical Rheumatology
59. Journal of Cutaneous Laser Therapy
60. Journal of Electromyography and Kinesiology
61. Journal of Foot and Ankle Surgery
62. Journal of Hand Surgery (American)
63. Journal of Hand Surgery (British)
64. Journal of Hand Surgery (Edinburgh, Scotland : Online)
65. Journal of Hand Surgery, European volume
66. Journal of Hand Therapy
67. Journal of Knee Surgery
68. Journal of Musculoskeletal Medicine
69. Journal of Musculoskeletal Research
70. Journal of Orthopaedic and Sports Physical Therapy
71. Journal of Orthopaedic and Surgery Techniques
72. Journal of Orthopaedic Research
73. Journal of Orthopaedic Science
74. Journal of Orthopaedic Surgery
75. Journal of Orthopaedic Surgery and Research
76. Journal of Orthopaedic Trauma
77. Journal of Orthopedics and Traumatology
78. Journal of Paediatric Orthopaedics
79. Journal of Pediatric Orthopaedics , Part B
80. Journal of Rehabilitation Medicine
81. Journal of Rehabilitation Research and Development
82. Journal of Rheumatoid Orthopaedics Revision
83. Journal of Rheumatology
84. Journal of Science and Medicine in Sport
85. Journal of Shoulder and Elbow Surgery
86. Journal of Spinal Disorders
87. Journal of Spinal Disorders & Techniques
88. Journal of Sport Rehabilitation
89. Journal of Sports Medicine and Physical Fitness
90. Journal of Sports Sciences
91. Journal of the American Society for Surgery of the Hand
92. Journal of the Royal College of Surgeons of Edinburgh

93. Journal of Trauma
94. Key Techniques in Orthopaedic Surgery
95. Knee
96. Knee Surgery, Sports Traumatology, Arthroscopy
97. Lancet
98. Medicine & Science in Sports & Exercise
99. Microsurgery
100. Modern Rheumatology
101. Neuromuscular Disorders
102. Operative Techniques in Orthopaedics
103. Operative Techniques in Sports Medicine
104. Orthopaedic Clinics of North America
105. Orthopaedic Review
106. Orthopaedic Transaction
107. Orthopaedics
108. Orthopaedics (Oxford : Online)
109. Orthopedic Clinics of North America
110. Osteoarthritis and Cartilage
111. Osteoporosis International
112. Paraplegia News
113. Plastic and Reconstructive Surgery
114. PM&R
115. Radiology
116. Rheumatic Diseases Clinics of North America
117. Rheumatology
118. Rheumatology and Physical Medicine
119. Rheumatology and Rehabilitation
120. Rheumatology International
121. Scandinavian Journal of Medicine & Science in Sports
122. Scandinavian Journal of Plastic and Reconstructive Surgery and Hand Surgery
123. Scandinavian Journal of Rehabilitation Medicine
124. Scandinavian Journal of Rheumatology
125. Scoliosis
126. Seminars in Arthritis and Rheumatism
127. Skeletal Radiology
128. Spinal Cord
129. Spine
130. Spine Journal
131. Sports Medicine
132. Sports Medicine and Arthroscopy Review
133. Sports Medicine, Arthroscopy, Rehabilitation, Therapy, and Technology
134. Surgery of Shoulder
135. Surgical Techniques in Total Knee Arthroplasty
136. Techniques in Foot & Ankle Surgery
137. Techniques in Hand & Upper Extremity Surgery
138. Techniques in Knee Surgery
139. Techniques in Musculoskeletal Rehabilitation
140. Techniques in Shoulder and Elbow Surgery
141. The Bone and Joint Journal

142. The Internet Journal of Orthopedic Surgery
143. The Internet Journal of Rheumatology
144. The Internet Journal of Spine Surgery
145. The Open Rehabilitation Journal
146. Therapeutic Advances in Musculoskeletal Disease
147. Topics in Spinal Cord Injury Rehabilitation
148. Year Book of Dermatologic Surgery
149. Year Book of Hand Surgery
150. Year Book of Orthopedics
151. Year Book of Podiatric Medicine and Surgery
152. Year Book of Rheumatology
153. Year Book of Rheumatology, Arthritis, and Musculoskeletal Disease
154. 中國脊柱脊髓雜誌
155. 中國骨質疏鬆雜誌
156. 中國康復理論與實踐
157. 中國康復醫學雜誌
158. 中國矯形外科雜誌
159. 中國臨床康復
160. 中華小兒外科雜誌
161. 中華手外科雜誌
162. 中華風濕病學雜誌
163. 中華麻醉學雜誌
164. 中華整形外科雜誌
165. 中華整形燒傷外科雜誌
166. 中華骨科雜誌
167. 中華創傷骨科雜誌
168. 中華關節外科雜誌
169. 現代康復
170. 實用美容整形外科
171. 實用骨科雜誌
172. 臨床骨科雜誌
173. 醫用生物力學

(The CME/CPD Committee will review the list periodically to include other relevant Journals. Submission of Other related Orthopaedic Journals could be considered subject to discretion by the CME/CPD Committee).